

KESTREL



GYMNASTICS ACADEMY

AFFILIATED TO



Unit 1 Counter Buildings

Woodchurch

Ashford

TN263SP

Email: kestrelgymnastics2009@gmail.com

Phone: 01233861441



Regional Grades NDP 2026

EST in 2009

Timetable

All abilities welcome

Open Playgym (toddlers)

Monday and Friday 12:15-13:15 (pay on day)

Preschool 3years +

Monday and Friday 13:30-14:30

Adult Gymnastics

Tuesday 19:00-20:30 (pay on day)

Beginner's classes General/Recreational gymnastics

Monday to Friday 16:00-17:00 And Saturday 9:00-10:00

Advance Gymnastics

Tuesday to Friday 17:00-19:00 and Saturday 10:00-12:00

Tumbling/Acro

Friday 17:00-19:00

Teen Gym

Saturday 12:00-14:30

Squad Development

Monday, Wednesday and Thursday 16:00-17:30

Floor and Vault Squad

Tuesday, Thursday 17:00-19:00 and Saturday 10:00-12:00

Women's and Men's Artistic Squad

Monday, Wednesday and Friday 17:00-20:00

Tuesday and Thursday 17:00-19:00

Saturday 12:00-15:00

Trampolining

Wednesday 17:00-18:00

Friday 16:00-17:00

New member limited time offer valid till end of June 2026

15% of your first month please use code **Welcome15** to be used at reception on arrival

To book please Email: kestrelgymnastics2009@gmail.com