



PE at Headcorn Primary School

INTENT:

At Headcorn Primary School, we want all our children, regardless of background, race or culture, to have access to and enjoy a variety of skills, sports and activities. Our aim is to increase children's love of sport and physical activities, promoting a healthy and active lifestyle that they can carry forward throughout their lives.

At Headcorn Primary School, we aim to ensure that our progression of PE skills is clear from Early Years, through Key Stage 1 and onto Key Stage 2. We look to build upon and develop pupil's Fundamental Movement Skills (FMS), such as throwing and catching in Key Stage 1 and Early Years, before embedding those skills into tactical and rule-based games and competitions in Key Stage 2. In addition, we recognise the importance in learning vital life skills such as swimming and offer lessons to Key Stage 2 classes during summer term using our own on-site facilities. A range of teachers and TAs have been trained to provide structured, bespoke planning and lessons to groups of up to 10 children per session.

We believe in the importance of offering quality, varied and regular access to physical activity as it provides vital and, in some cases, the only form of physical exercise and participation in sport for pleasure for some children. We want our children to not only improve their physical fitness and health, but also to develop a love of sport and competition, creating a mindset of being fit for life. By offering a varied and broad range of sports and activities, quality coaching and high-quality equipment, we believe that all children are provided with an equal opportunity to find a sport or activity that they are passionate about in a fun, safe and supported environment.

Our intent is to provide each child with two structured PE lessons a week, to allow for a broad coverage of activities, sports and skills. PE units are interweaved throughout each academic year to ensure a broad coverage is provided and lessons provide clear progression and development of skills year on year. Access to simple, yet detailed knowledge organisers provide teachers with the coverage they are expected to teach in each unit, and how they can expect students to incorporate their prior learning from previous year groups to develop their understanding of each unit and how they can progress and improve.

Timetables are created accordingly to ensure that these PE slots are allocated an appropriate amount of time and not ignored or replaced with other class-based lessons. In addition, we have a range of extra-curricular sports teams, who regularly compete in competitions with other schools in the area. Children are encouraged to develop key skills of teamwork, resilience and determination to represent the school in a fun, relaxed manner, win, lose or draw.

Implementation

At Headcorn Primary School, we utilise the PE Hub scheme for teaching PE. This scheme, developed by experts, provides high quality, easy to follow lesson plans which clearly explain the skills and learning outcomes the child should be covering in each lesson to whomever is teaching the lesson. Each part of the lesson is outlined in detail, with detailed diagrams and images providing clarity. The schemes 'Assessment builder' also allows for simple, easy to check assessment for each individual pupil in each unit based on various learning outcomes. The assessment builder makes it easy to track progress of skills across the unit, by logging entry and exit points. Support is offered to all staff who participate in the teaching of PE by the subject coordinator and a school HLTA with vast experience, who provide advice and assistance in teaching lessons.



Pupils can expect consistency in their lessons year after year. Each lesson is structured to ensure that they are building upon not only prior learning in the current unit of learning, but also from previous years by recapping and building upon prior learning, in a similar way to lessons inside the classroom. Knowledge organisers are available to all teaching staff through the PE Hub to allow them to familiarise with this prior learning.

PE Lessons at our school should allow gifted children the opportunity to move along at a pace which suits their abilities by challenging them to further their skills, but one which also recognises when pupils need support and achievable goals. Lessons offer minimal waiting for pupils so learning and engagement is continuous.

Impact:

By using the assessment builder on PE Hub, teachers, SLT and the subject coordinator will be able to answer key questions regarding the learning and progress for each individual pupil, by linking learning outcomes to specific teaching, such as:

- Have the majority of pupils developed their ability to *(insert skill here)*?
- How have pupils developed their prior learning from this unit in a previous year?
- How has the unit coverage allowed pupils to appropriately develop their skills in *(insert unit here)*?

Through participation and engagement in PE lessons and extra-curricular activities, children are encouraged to become more aware of their physical and mental fitness and take responsibility in maintaining a healthy lifestyle, whilst developing a healthy competitive edge. Our students are given an understanding on how to live a happy and healthy life through using the skills they develop at our school. Our children, through our continuous application of high-quality lessons, have continued to show and develop a love of a variety of sports and activities.

