

Prior Learning

Combined basic tag rugby skills such as catching and quickly passing in one movement. Selected and implemented appropriate skills in a game situation. Begun to play effectively when attacking and defending. Increased the power of passes so the ball can be moved quickly over greater distances.

Unit Focus

Choose and implement a range of strategies and tactics to attack and defend. Combine and perform more complex skills at speed. Observe, analyse and recognise good individual and team performances. Suggest, plan and lead a warm-up as a small group.

We are learning...

1. To create attacking continuity by supporting the player with the ball.
2. To use set plays in attack to create space for the ball carrier.
3. To develop the 3-step rule, compare and contrasting to the 3-second pass option.
4. To attack the space as a ball carrier to create scoring opportunities.
5. To change from an attacking to a defensive formation when your team loses possession.
6. To observe and analyse our classmate's performance.

Key Questions

1. How should we tell other players the areas they need to improve on?
2. Why is it important to organise your team quickly into defensive positions?
3. Being able to change speed and direction quickly helps our defending; why?

Equipment

Rugby balls, tags, bibs and cones

Vocabulary

Transition, principle, STEP, agility, turnover, support, observe, analyse.

Rules

- When tagged, the ball carrier must either stop and pass the ball within three seconds or keep moving and pass within the three steps.
- If the ball leaves the field of play, the opposition will restart with a free pass from where the ball left the field.

Assessment Overview

Head – Use STEP principle to plan a warm-up.
Hand – Use speed and agility in gameplay.
Heart – Suggest ways to improve set plays.

